Module specification

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Module code	NHS6A7
Module title	**Return to Practice (Adult Nursing)**
Level	6
Credit value	40
Faculty	FSLS
Module Leader	Vic Graham
HECoS Code	100279 (Adult Nursing)
Cost Code	GANG

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
Return to Practice (Adult Nursing)	Core

Pre-requisites

All students must be previous registrants on the full Nursing and Midwifery Council register as an Adult Nurse, with no current fitness to practice conditions barring return to nursing. All applicants are subject to an enhanced DBS check. (NMC, 2019, 1.1)

Breakdown of module hours

Type of Module hours	Amount
Learning and teaching hours (online and face-to-face)	150 hrs
Simulation teaching/practice	35 hrs
Supervised learning e.g. practical classes & workshops	25 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	**210** hrs
Placement minimum	450 hrs
Guided independent study	210 hrs
Module duration (total hours)	870 hrs

For office use only	
Initial approval date	25/8/21
With effect from date	September 2021
Date and details of revision	
Version number	1

Module aims

This module enables nurses previously registered with the Nursing and Midwifery Council (NMC) to re-examine their role and professional responsibilities as they prepare to return to the full register. The students will explore contemporary themes in modern nursing/healthcare, underpinned by relevant evidence. Clinical/practical skills will be refreshed in preparation for their renewed role in the clinical workplace. The Return to Practice module offers a flexible and accessible approach to empowering students to renew their confidence in providing patient-centred care in the field of Adult Nursing.

This module also provides Return to Practice students access to a clinical placement to enable them return to the clinical environment in a supportive and supervised manner. Our Practice Placement Partners will arrange the placement and we will involve the student with these arrangements to ensure they have a placement that can be flexible with their personal circumstances. Students will be allocated to a single placement area (offering consistency when working with a Practice Assessor) for the duration of their Return to Practice clinical placement, but specific learning experiences within a particular setting (e.g. hospital) may be arranged in negotiation with their Practice Assessor or Practice Supervisor. The practice placement is fundamental to developing and achieving all the identified practical nursing and clinical skills necessary to return to the register.

All elements of this Return To Practice module must be passed in order to satisfy the requirements of the Nursing and Midwifery Council.

Module Learning Outcomes - at the end of this module, students will be able to:

Nursing and Midwifery Council (2019) Realising Professionalism: Standards for education and training. Part 3: Standards for return to practice programmes. London; NMC.

1	Critically examine current health and social policy and relevant evidence, demonstrating how it informs safe and effective practice in contemporary nursing, including the legal, ethical and professional context of adult nursing practice. (NMC, 2019: P5 2.1, 2.3, 2.4, 2.5, 2.6.1, 2.7, 2.8, 2.10, 2.11, P6 4.5, 4.7, P7 4.9)
2	Critically reflect upon the management of their personal and professional development needs in order to maintain their professional practice in adult nursing. (NMC, 2019: P5 2.1, 2.3, 2.4, 2.5, 2.6.1, 2.10, 2.11, P6 4.5, 4.7, P7 4.9)
3	Critically analyse the role of the registered adult nurse within the multi-disciplinary team, and the benefit of inter-professional practice on person centred care. (NMC, 2019: P5 2.1, 2.3, 2.4, 2.5, 2.6.1, 2.7, 2.8, 2.10, 2.11, P6 3.3, 4.5, 4.6, 4.7, P7 4.9)
4	Demonstrate safe pharmacological knowledge and medicines calculations prior to returning to adult nursing clinical practice (safeMedicate). (NMC, 2019: P5 2.1, 2.2, 2.3, 2.4, 2.6.1, 2.7, 2.8, 2.9, 2.10, 2.11, P6 4.5, 4.7, P7 4.9)
5	Demonstrate achievement of the necessary practice proficiencies & skills (and the minimum hours in clinical practice), as identified in the All Wales Practice Assessment Document for Return to Practice programmes, to fulfil the requirements for re-Registration with the NMC. (NMC, 2019: P5 2.1, 2.2, 2.3, 2.4, 2.5, 2.6.1, 2.7, 2.8, 2.9, 2.10, 2.11, P6 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 4.1, 4.2, 4.4, 4.5, 4.6, 4.7, P7 4.8, 4.9, 5.1, 5.3)

Assessment

Indicative Assessment Tasks:
Assessment One: LOs 1-3

Students will submit of 3 pieces of critical reflection (in line with the NMC (2019) Revalidation portfolio), linked to the Learning Outcomes (1-3) of the module. Assessment one will total 3000 words – marked at Level 6.

Assessment Two: LO4

The student will undertake an online examination (safeMedicate) to demonstrate their ability to carry out drug calculations that will be recorded as a pass/fail (100% pass mark set for Return to Practice students in line with 3rd year student nurses).

Assessment Three: LO5

Students are required to attend their clinical placement for the minimum number of hours verified using timesheets. Clinical practice is assessed using the All Wales Practice Assessment Document (PAD) for Return to Practice. All identified proficiencies and clinical skills must be assessed and passed by the nominated Practice Supervisor and Practice Assessor. Students will be required to apply relevant and contemporary evidence to support the delivery of person-centred care within adult nursing.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1-3	Written Assignment	100%
2	4	In-class test	Pass/Refer
3	5	Practice Assessment Documentation	Pass/Refer

Derogations

- SafeMedicate examination (Assessment 2.) will be set with a pass/refer, with a result of 100% pass to be achieved. A refer in the safeMedicate examination or the portfolio element will not cap the rest of the module, but must be passed at a subsequent attempt in order to pass.
- Return to Practice nursing students will be permitted two attempts at each Assessment 1 & 3 of the module in the programme, but only one third attempt at Assessment 1 of the module may be permitted at the discretion of the Assessment Board. This excludes safeMedicate where three attempts are permitted.
- There are no compensatory passes on the RTP programme due to professional body requirements, and all elements of the module must be passed. All three assessments must be passed to successfully pass the course and necessary documentation be submitted to the NMC for registration as an Adult Nurse.
- Feedback on assessed work will be provided within four weeks of submission.
- Any work submitted, however academically competent, which omits or includes details indicating unsafe practice or that in any way breaches confidentiality will be deemed a 'refer'.
- University regulations for 40 credit modules at Level 6 in terms of overall learning, contact learning hours and independent hours will be superseded by professional body requirements (NMC (2019) Part 3: Standards for Return to Practice

Programmes, and NMC (2018) Future Nurse: Standards of Proficiency for Registered Nurses).

- Students must complete all elements of the programme in 12 months. ECs may be applicable for a maximum of 6 months to support course completion, whilst maintaining clinical currency from placement.
- Once the Temporary NMC Covid-19 Register closes, temporary registrants will have 24 months in which to use their hours towards the RTP programme, thereby completing all required elements of 'revalidation' and returning to the register within a 36 month window.

Learning and Teaching Strategies

This module will be delivered via a 'blended learning' approach (as underpinned by our Active Learning Framework, ALF). A flipped classroom approach will encourage students to maximise the learning opportunities before, during and beyond the conventional classroom environment. This creates student controlled learning enhanced by synchronous and asynchronous delivery, enabling a flexible and more accessible style of returning to education and professional practice. Directed study activity/tasks will be made available on the Virtual Learning Environment (Moodle) on a weekly basis. This material is available 24 hours a day and again, may offer some students a more adaptable style of learning that best meets their needs. 'Live'/synchronous classes conducted online will be recorded and the content made available on the VLE, offering students the opportunity to revisit/reflect upon the material at a later date.

A key component of the Return to Practice programme is the ability for the student to return to the clinical setting safely and with appropriate support with Practice Supervisor/s and a Practice Assessor. The Practice placement aims to be relevant to the field of practice (Adult Nursing) to which the student intends to return. The number of hours (minimum 450hrs) and nature of the practice will be determined individually for each student in consultation with them and agreed with their Practice Assessor. This will depend upon their registration history, previous level of experience/knowledge. Relevant experience undertaken while not fully registered with the NMC (i.e. Temporary Covid-19 emergency register or those with insufficient hours to revalidate with the NMC) will be considered when supported by robust evidence, where RPEL may be considered during the admissions process to reduce the minimum number of placement hours.

Indicative Syllabus Outline

- Role of the nurse in 21st century
- Reflective practice/writing
- Study skills & literature searching
- Communication & accountability
- Motivational interviewing
- Emotional intelligence & resilience
- Evidence-based practice & enquiry
- Service evaluation & clinical audit
- Medicines management
- Mental health assessment
- Vulnerable adults and safeguarding
- Promoting health and preventing ill health
- Person-centred care – 'The Lived Experience' (members of Outside In)
- Determinants of health (epidemiology, demography & genomics)

- Global patterns of health & wellbeing
- Pressure ulcer prevention
- Wound care
- Interprofessional practice
- Working in teams
- Leading & managing in health care
- Assessing needs and planning care
- Safety & quality in care
- Delegation of responsibilities and co-ordinating care
- End of life care
- Compassion in Practice: The Core Principles of NHS Wales
- Employability: Stepping into Practice
- Personal & professional development
- NMC Revalidation & The Code (NMC, 2018)

Supervised Learning/Practice Skills:

- Manual handling
- Violence, aggression & breakaway training
- BLS & assessing a patient
- Medical devices
- Skills stations to include:
- Sharps management, hand hygiene, injection technique, catheterisation, aseptic technique, peak flow, stoma care

Simulation Classes/Practice:

- Sepsis
- Complex care (Medical)
- Complex care (Surgical)
- Complex care (Orthopaedics)
- Complex care (Community)

Placement:

- Clinical placement in adult nursing setting to support student learning and development.

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Burton, R. & Ormrod, G. (2021) Transition to Professional Practice, 2nd ed. Sage; London.

Nursing & Midwifery Council (2018) *The Code:* Professional standards of practice and behaviours for nurses, midwives and nursing associates. NMC; London. Accessed online via: https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/nmc-code.pdf [accessed on 27/02/2021] **OR:**

Cyngnor Nyrsio a Bydwreigiaeth (2018) Y Cod: Safonau ymarfer proffesiyonol ac ymddygiad ar gyfer nyrsys, bydwragedd a chymdeithion nyrsio. NMC; London. Accessed online via:

https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/nmc-code-welsh.pdf [accessed on 27/02/2021].

Wright, W., Everett, F. & Newcombe, P. (2019) Clinical Skills for Nursing Adults: step-by-step. Sage; London.

Other indicative reading

Nursing & Midwifery Council (2018a) Enabling Professionalism in Nursing and Midwifery Practice. NMC; London. Accessed online via: https://www.nmc.org.uk/globalassets/sitedocuments/other-publications/enabling-professionalism.pdf [accessed on 27/02/2021] **OR:**

Cyngnor Nyrsio a Bydwreigiaeth (2018a) Galluogi Proffesiynoldeb ym maes Nyrsio a Bydwreigiaeth. NMC; London. Accessed online via: https://www.nmc.org.uk/globalassets/sitedocuments/other-publications/enabling-professionalism-welsh.pdf [accessed on 27/02/2021]

Nursing & Midwifery Council (2019a) Delegation &Accountability: Supplementary information to the NMC Code. NMC; London. Accessed online via: https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/delegation-and-accountability-supplementary-information-to-the-nmc-code.pdf [accessed on 27/02/2021] **OR:**

Cyngnor Nyrsio a Bydwreigiaeth (2019a) Dirprwyo ac Atebolrwydd: Gwybodaeth ychwanegol i god y cyngor nyrsio a bydwreigiaeth. NMC; London. Accessed online via: https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/delegation-and-accountability-supplementary-information-to-the-nmc-code-welsh.pdf [accessed on 27/02/2021]

Nursing& Midwifery Council (2019b) Raising Concerns: Guidance for nurses, midwives and nursing associates. NMC; London. Accessed online via: https://www.nmc.org.uk/globalassets/blocks/media-block/raising-concerns-v2.pdf [accessed on 27/02/2021]

Nursing & Midwifery Council (2019c) Guidance on Using Social Media Responsibly. NMC; London. Accessed online via: https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/social-media-guidance.pdf [accessed on 27/02/2021] **OR:**

Cyngnor Nyrsio a Bydwreigiaeth (2019c) Canllawiau ar Ddefnyddio'r Cyfryngau Cymdeithasol yn Gyfrifol. NMC; London. Accessed online via: https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/social-media-guidance-welsh.pdf [accessed on 27/02/2021]

Nursing and Midwifery Council & General Medical Council (2015) Openness and Honesty When Things Go Wrong: the professional duty of candour. NMC; London. Accessed online via: https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/openness-and-honesty-professional-duty-of-candour.pdf [accessed on 27/02/2021] **OR:**

Cyngnor Nyrsio a Bydwreigiaeth & Cyngor Meddygol Cyffredinol (2015) Gweithredu Mewn Fford Agored a Gonest pan Fydd Pethau yn Mynd o le: Dyletswydd broffesiynol gonestrwydd. NMC; London. Accessed online via:

https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/openness-honesty-professional-duty-of-candour-welsh.pdf [accessed on 27/02/2021]

Nursing and Midwifery Council Website available at: www.nmc.org.uk [accessible in English and some in Welsh]

Employability skills – the Glyndŵr Graduate

Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment.

Core Attributes
Engaged
Creative
Enterprising
Ethical

Key Attitudes
Commitment
Curiosity
Resilience
Confidence
Adaptability

Practical Skillsets
Digital Fluency
Organisation
Leadership and Team working
Critical Thinking
Emotional Intelligence
Communication